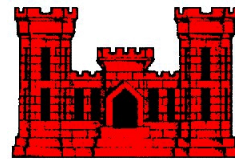




Playground Posse



130th HHC Family Readiness Group Newsletter
Kids Edition
October 2005

Published by Your Family Readiness Group

Hello everyone, Happy Halloween or Happy Harvest. We want lots of input for fun food ideas and crafts. Also, please submit photos of you and your soldier. We will be putting them in the newsletter throughout the next year. We will always accept all suggestions for newsletter ideas or activities. -Amanda West

FRG activities

During the FRG meeting we will be making Boo Suckers.

We will also have Halloween coloring sheets available for you to color here or to take with you.

In November I would like to start working on our stockings for the soldier's that are downrange

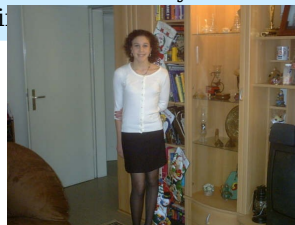


Table of Contents

- | | | |
|----|------------------------|----------|
| 1. | FRG activities | page 1 |
| 2. | All about me | page 1 |
| 3. | About My soldier | page 2 |
| 4. | October Craft Ideas | page 3 |
| 5. | October fun food ideas | page 3 |
| 6. | Coloring pages | page 4-6 |

All about me

My name is Amanda West, and I am 14 years old. My parents are SPC. Bradley and Reginia West. I enjoy reading and playing my french horn. I attend Hanau High School where I am a freshman. My favorite subject is Band, Honors World History and Honors English. If I had one wish it would be...."World Peace!" *giggle* No really it would be to live to see my 100th birthday. The person I am most like is....Myself. I strive to be as much of an i



All about me, too!

My name is Stephanie Davis, and I am 12 years old. My parents are MAJ. Dale and Dawn Davis. I enjoy playing on the computer. I attend Hanau American Middle School. My favorite subject is Math and Computer Apps. If I had one wish it would be for a horse. The best thing about me is, I love animals



About My Soldier

My soldier's name is SPC Bradley West, but I just call him Daddy. He was born to Connie West in Oklahoma on August 13, 1978. His favorite pastime is either playing his Combat Fight Simulator Game or sleeping on the couch. His favorite food is either Pizza and Mt. Dew or my Mom's Shrimp Parmesan. The best thing about my soldier is that if I need to talk to him, he makes me feel like he is really listening to what I have to say. He also never forgets to tell us that he loves us before he leaves.

Daddy,

I love you and miss you very much. I am so proud of you. Be safe, hurry home, don' forget the sand!

Hugs and Kisses,

Amanda



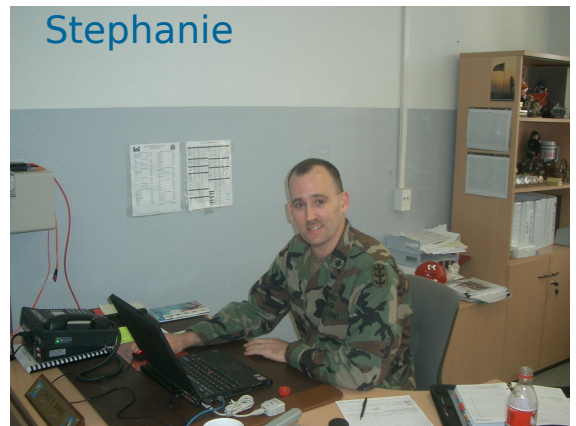
My soldier's name is MAJ Dale Davis. His birthday is February 2nd. His favorite pastime is keeping up with Baseball. His favorite food is Fettuccine Alfredo. The best thing about my soldier is that he is fun to be around when he is working on a project with my uncle.

Daddy,

I love you so much
Daddy! Everything is
fine and we are all
doing great!

Love,

Stephanie



October Craft Ideas

What You Need

Black paint
Paint brush
Egg carton
Scissors
small Phillips head screwdriver
8 Black pipe cleaner
Wire cutters
Wiggle eyes
Glue



How To Make It

Note: Precut the carton and prepare the holes ahead of time for classroom use.
Cut the egg carton apart into little cups/sections.
Using the screwdriver make 8 holes in the bottom edge of each section for the legs.
Paint the egg carton section with black paint. Let dry.
Cut the pipe cleaners stems in half.
Push the stem in one side of the section and out the opposite side. Bend down the legs.
Repeat for each of the legs.
Glue on wiggle eyes.

October Fun Food Ideas

Cookie Spiders

black or chocolate licorice twists
fudge sandwich cookies
chocolate frosting
red cinnamon candies



Cut licorice in half. Remove the top of each sandwich cookie; press 8 licorice pieces into the fudge center to resemble spider legs. Spread a little chocolate frosting over the licorice; replace cookie tops. Frost the tops of the spider cookies with frosting. Place red cinnamon candies on top for eyes.







Happy Halloween



- Morgan Chavarria Oct 18
- Anthony Griffin Oct 16
- Christina Buxbaum Oct 10
- Mattie Reding Oct 2

October Birthdays

Happy Birthday to you....

FRG
130th EN BDE
CMR 470 Box 0044
APO AE 09165

